

Are you a Carer of a person
with issues around substance
or alcohol misuse?



Are you a partner, a relative
or a friend in need of support?



Then our new **"Support Group"** is just for you!

We will meet on the last Thursday of each month
commencing on **THURSDAY 26th FEB @ 7pm**
at the address below. Come along and meet people
who understand and can share experiences in a
safe and confidential environment.



We can offer you:

- ◆ Information
- ◆ 1 - 1 Support
- ◆ Counselling
- ◆ Group
- ◆ Advice

Please contact:

Telephone No:

Email:

Address:

Hazel Grass

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