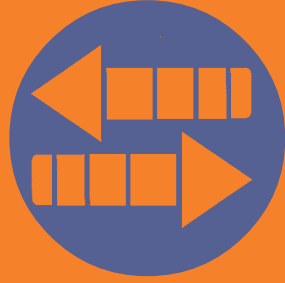


Needle Exchange

INTRAN

Tackling Drugs



2005/6

TACKLING
DRUGS
CHANGING
LIVES

Drug & Alcohol Services in Norfolk

Introduction

Welcome to the Drug & Alcohol Services in Norfolk booklet. We hope you find it useful. This booklet aims to provide information about local organisations and the services they offer. For a list of national organisations, see section four.

Helplines

Telephone numbers which begin with **0800** are free from landlines. Calls from a mobile phone vary in cost depending on the network used. You will pay local rates for numbers which begin with **0845**.






Referrals

The majority of the agencies in this booklet will accept self-referrals, referrals from a GP practice or any other organisation (look for this symbol: **SR**). Some agencies have a different referral process — see individual entries for information.

Confidentiality

All the agencies in this booklet provide a confidential service. Confidentiality means not passing on information without your knowledge or agreement. It should only be necessary to break confidentiality if your safety or someone else's is at great risk. If you would like more information ask a worker to explain the agency's confidentiality policy to you.

Key

BBV	Blood Borne Virus Service – Hepatitis B, C & HIV screening & Hepatitis B vaccination
	Interpretation & Translation Service (INTRAN)
	Needle & Syringe Exchange Scheme
SR	Self-referrals, referrals from GP practice or any other agency
	Wheelchair access
	Address
	Telephone number
	Email address
www	Website address

If you would like to order more copies of this booklet please contact the Health Information Leaflet Service on 01603 307208 or order from the on-line catalogue by visiting www.heron.nhs.uk

Copies of this booklet can also be downloaded from the Norfolk Drug and Alcohol Action Team website at www.nordat.org.uk

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5 *Section Five*

Norfolk Needle & Syringe
Exchange Scheme Outlets page 36

Agencies - a quick guide

Agency	Telephone	Page
ADAPT	01263 722344	5
CADS	01553 815171	6
Cignificant Stop Smoking Service	0800 0845 113	7
Contact NR5	01603 746750	8
Drug Interventions Programme (DIP)	01362 852930	9
Hebron House	01603 439905	10
Impact	01603 877480	26
Matthew Project:		
- Helpline	0800 764754	12
- CATCH	01603 877040	11
- Drug Aid	01603 626123	12
- Youth Team	01603 626123	27
Matrix Project	01603 751717	13
NORCAS:		
- Great Yarmouth	01493 857249	14
- Homeless Outreach Team	01603 766993	18
- North Norfolk	01263 517995	15
- Norwich	01603 660070	16
- South Norfolk	01603 660070	17
NORCAS Structured Day Programme:		
- Great Yarmouth	01493 857249	19
- King's Lynn	01553 815171	19
- Norwich, Sheringham & Thetford	01603 660070	19
TADS:		
- Colegate	01603 750030	20
- Great Yarmouth	01493 337980	21
- Social Workers County Team	01603 660777	22
- Unthank Road	01603 671900	23
- Victoria Street	01603 660777	24
T ²	01603 877498	28
West Suffolk Drug & Alcohol Service	01284 775275	25

ADAPT

Alcohol & Drug Addiction Prevention & Treatment

ADAPT is a 24-hour residential treatment service for people addicted to drugs or alcohol, whether living in specialist centres, prison or the community. Admission after interview and funding agreement.

Service information



- Advice and information
- Counselling
- Health assessment & care planning
- Inpatient-based detoxification
- Inpatient prescribing
- Liaison with, and referral to, other services
- Links to specialist mental health services
- Rehabilitation (access to residential)

Contact information



Diana Princess of Wales Treatment Centre,
Gimingham, Norfolk, NR11 8ET



01263 722344



dianatc@nascr.net



www.adapt-online.com

1

Section One

CADS

Community Alcohol & Drugs Service

Offers specialist counselling, treatment and detoxification for substance misuse. CADS also offer advice, information and support.

Service information



- Advocacy
- Clinical alcohol service
- Drop-in
- Health assessment and care planning
- Links to specialist mental health services
- Prescribing
- Rehabilitation (access to residential)

Contact information



West Norfolk Primary Care Trust, North House,
Goodwins Road, King's Lynn, PE30 5PD



01553 815171



cads@westnorfolk-pct.nhs.uk



Mon - Wed & Fri 9am - 5pm
Thurs 9am - 8pm

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CIGNIFICANT

Stop Smoking Service in Norfolk

Cignificant offers support to smokers who are ready to stop. Support is provided by stop smoking advisers across Norfolk. Clinics, drop-in, group sessions, one-to-one and help from GP practices are all available - call the freephone number for details.

Service information



- Access to Nicotine Replacement Therapy (NRT) and Zyban on prescription from GP
- Advice and information
- Counselling
- Health assessment and care planning
- Motivational interviewing/brief interventions

Contact information



0800 0854 113 (freephone helpline)



stop.smoking@norfolk.nhs.uk



www.cignificant.co.uk



Mon - Fri 9am - 5pm

1

Section One

CONTACT NR5

Substance Misuse Service

A community-based primary care service to Wensum Valley Medical Practice comprising: Adelaide Street, Bates Green and West Earlham Health Centres. Offering support, education and conventional treatment for clients and their families who are affected by substance misuse.

Service information



- Advice and information
- Child Protection support
- Community-based detoxification
- Community prescribing programme
- Counselling
- Diversionary activities
- Drop-in service
- Family support
- Health assessment and care planning
- Liaison with, and referral to, other services

Contact information



Bates Green Health Centre, 8a Bates Green,
Marl Pit Lane, Norwich, NR5 8YT



01603 746750/749921



ann.kavanagh@nhs.net



Mon - Fri 9am - 1pm, 2pm - 5pm

DRUG INTERVENTIONS PROGRAMME (DIP)

A partnership of existing agencies which aim to provide continuity of care to those whose drug use has led to offending. In addition, the Criminal Justice Interventions Team (CJIT) will work with people on release from prison, at the end of community sentences and after treatment. **Referrals:** are through the Single Point of Contact - no self-referrals.

To access this service: a person must be 18 years and over, live in Norfolk and their drug use connected to offending.

Service information



- Access to 24/7 helpline
- Access to dedicated clinical treatment provision (in development)
- Care co-ordination and care planning
- Harm reduction advice and interventions
- In-reach service to HMP Norwich & other local prisons
- Motivational and relapse prevention work
- Referral to appropriate services
- Structured one-to-one support
- Support to access primary health care

Contact information



Rm 401, Breckland Business Centre,
St Withburga Lane, Dereham, NR19 1FD
01362 852930 (Single Point of Contact)
07919 063157 (office hours helpline)
0800 764754 (out of hours helpline)



ndip-spoc@norfolk.gov.uk
www.nordat.org.uk
Mon - Fri 9am - 5pm

1

Section One

HEBRON TRUST

Hebron House

Provides residential treatment for women with serious drug and alcohol problems, between the ages of 18 and 55. Please telephone for an application form. Admission after interview and funding agreement.

Service information



- Complex needs
- Detoxification
- Individual teaching and counselling
- Post-rehabilitation and floating support service
- 12 Step/Christian philosophy

Contact information



Hebron House, 12 Stanley Avenue,
Norwich, NR7 0BE



01603 439905



info@hebrontrust.org.uk



www.hebrontrust.org.uk



Mon - Fri 9.30am - 5.30pm

MATTHEW PROJECT

CATCH (Enhanced Arrest Referral)

CATCH (Custodial Access To Confidential Help) is part of the Norfolk Drug Interventions Programme and has access to detainees in police custody and GSL cells at courts. It carries out assessments of drug and alcohol users with a view to treatment with specialist drug and alcohol services.

Referral: clients identified through the criminal justice system.

Service information



All drugs including alcohol

Advice and information

Advocacy

Brief interventions

Care co-ordination

Harm minimisation

Motivational interviewing

Outreach service

Contact information



93 Unthank Road, Norwich, NR2 2PE



0800 764754 (24-hour helpline)

01603 877040 (admin)



catch@matthewproject.org



www.matthewproject.org



Mon - Fri 9am - 5pm



1

Section One

MATTHEW PROJECT

Drug Aid

A service for people who have a problem related to their own, or another's, drug or alcohol use. Offer free advice, support and information on drug and alcohol related matters.

Service information



- Advocacy
- Counselling
- Drop-in service
- Health assessment and care planning
- Housing support
- Motivational interviewing/brief interventions
- Outreach service
- Parent/carer support

Contact information



24 Pottergate, Norwich, NR2 1DX



0800 764754 (24-hour helpline)

01603 626123 (admin)



mail@matthewproject.org



www.matthewproject.org



Mon - Fri 9am - 5pm

Drop-in: Mon, Tues, Thurs, Fri 10am - 4pm

Wed 2pm - 4pm

THE MATRIX PROJECT

The Matrix Project provides a flexible service to those working in the sex industry. The aim of the project is to engage clients in harm reduction. The project operates around the red light district in Norwich.

Service information



- All drugs including alcohol
- Advice/liaison with housing/social welfare
- Advocacy
- Family support
- Liaison with, and referral to, other services
- Links to primary health care
- Links to specialist mental health services
- Outreach/drop-in (mobile unit)
- Sexual health information and advice

Contact information



City Reach Health Services, Adelaide Street Health Centre, Norwich, NR2 4JL



01603 751717 (admin)
01603 751712 (fax)



Mon - Fri 1pm - 4pm
Outreach service: Mon - Fri 7pm - 10pm
or 9pm - midnight

1

Section One

NORCAS

Great Yarmouth

Provides information, advice, assessment, counselling and support for anyone who has an alcohol or drug problem or is concerned about a relative, friend or colleague. Covers Great Yarmouth, Gorleston, Bradwell and outlying villages.

Service information



- Advocacy
- Care planning
- Liaison with, and referral to, other services
- Links to specialist mental health care services
- Residential rehabilitation (access to)

Contact information



59 North Quay, Great Yarmouth, NR30 1JB



01493 857249



gt.yarmouth@norcas.org.uk



www.norcas.org.uk



Mon - Wed 9.30am - 5.30pm

Thurs 10.30am - 6.30pm

Fri 9.30am - 5pm

Section One

1

NORCAS

North Norfolk

Offers information, advice, assessment, counselling and support for anyone who has an alcohol or drug problem or is concerned about a relative, friend or colleague. Clients seen in different venues throughout North Norfolk.

Service information



Advocacy

Drop-in service

Liaison with, and referral to, other services

Links to specialist mental health care services

Motivational interviewing/brief interventions

Contact information



Benjamin Court Rehabilitation Unit,
Roughton Road, Cromer, Norfolk, NR27 0EU



01263 517995



n.norfolk@norcas.org.uk



www.norcas.org.uk



Mon - Fri 9am - 5pm

1

Section One

NORCAS

Norwich

A service for anyone who has an alcohol or drug problem or is concerned about a relative, friend or colleague. Offering advice and information, assessment, counselling, group support, harm reduction and relapse prevention.

Service information



- Advocacy
- Aftercare programme and support
- Auricular acupuncture
- Drop-in service
- Liaison with, and referral to, other services
- Links to specialist mental health care services
- Motivational interviewing/brief interventions

Contact information



11 Parsonage Square, Norwich, NR2 1AS
 01603 660070
 p.square@norcas.org.uk
 www.norcas.org.uk

Mon, Tue & Thurs	9am - 5pm
Wed	9am - 8pm
Fri	9am - 4.30pm

Section One

1

NORCAS

South Norfolk

Offers assessment and support for anyone who has an alcohol or drug problem or is concerned about a relative, friend or colleague. Operates from GP surgeries and health clinics in Thetford, Watton, Attleborough, Diss, East Harling and Harleston.

Service information



- Advice and Information
- Counselling
- Motivational interviewing/brief interventions

Contact information



11 Parsonage Square, Norwich, NR2 1AS



01603 660070



p.square@norcas.org.uk



www.norcas.org.uk



Mon - Fri 9am - 5pm

1

Section One

NORCAS

Homeless Outreach Team

The team supports individuals who have drug/alcohol problems who are homeless or at immediate risk of becoming homeless. Most people access the service through outreach or drop-in sessions at various locations around the county.

To access this service: a person must be 16 years and over and be based in Norfolk.

Service information



- Advice and information
- Advocacy
- Aftercare programme and support
- Community assessment and care planning
- Community rehabilitation
- Housing advice and support
- Liaison with, and referral to, other services
- Links to specialist mental health services
- Motivational interviewing/brief interventions

Contact information



01603 766993



homeless@norcas.org.uk



www.norcas.org.uk



Mon - Fri 9am - 5pm

Night and early morning street outreach once or twice a week and evening home visits Monday to Friday if required.

NORCAS

Structured Day Programme (*starting October 2005*)

A 12 week programme for people who have, or have had, an alcohol and/or drug misuse problem.

Programmes will be available in Great Yarmouth, Norwich, King's Lynn, Thetford and Sheringham.

To access this service: a person must be 18 years or over.

Service information

SR



Aftercare programme

Facilitated groups

Health workshops

One-to-one support/counselling

Practical skills

Relapse prevention

Social skills

Supported access to activities/training/education

Contact information



01493 857249

Great Yarmouth

01553 815171

King's Lynn

01603 660070

Norwich, Sheringham
& Thetford



admin@norcas.org.uk



www.norcas.org.uk

1

Section One

TADS

Trust Alcohol & Drug Service - Colegate

The Colegate building provides clinical services such as supervised consumption and acts as the base for the Substance Misuse Team who work with clients with a Drug Rehabilitation Requirement (DRR). The service operates on an appointment basis for existing clients.

Service information



- Advocacy
- Counselling
- Detoxification
- Drop-in
- Health assessment and care planning
- Links to specialist mental health services
- Pregnancy liaison
- Prescribing

Contact information



22 Colegate, Norwich, NR3 1BQ



01603 750030



bure@nwmhp.nhs.uk



Mon - Fri 9am - 1pm, 2pm - 4.30pm

Duty Times:

Mon - Fri 9am - 1pm, 2pm - 4pm

TADS

Trust Alcohol & Drug Service - Great Yarmouth

Provides a clinical treatment service for clients who have drug or alcohol problems and who are motivated to change their behaviour.

Service information



- Advice and Information
- Community care assessments and care planning
- Community prescribing
- Detoxification programmes (inpatient and community-based)
- Drug Rehabilitation Requirement (DRR)
- Links to other specialist services
- Supervised consumption

Contact information



The Willow Centre, Northgate Hospital, Northgate Street, Great Yarmouth, NR30 1BU



01493 337980



bure@nwmhp.nhs.uk



Mon, Tues, Thurs 9am - 5pm
Wed 9am - 2.30pm
Fri 9am - 4.30pm

1

Section One

TADS Trust Alcohol & Drug Service Norfolk County Council Adult Social Services Social Workers County Team

A team of Substance Misuse Social Workers and Community Care Assistants, providing Community Care Act Assessments in conjunction with social work advice and support. Will also assess Norfolk residents in UK prisons.

Service information



- All drugs including alcohol
- Advice and information
- Advocacy, promoting social inclusion
- Care planning
- Liaison with, and referral to, other services
- Links to specialist mental health services
- Range of social care services
- Residential rehabilitation (access to)
- Structured Day Programme (access to)

Contact information



23 Victoria Street, Norwich, NR1 3QY



01603 660777



Monday to Friday 9am - 5pm

TADS

Trust Alcohol & Drug Service - Unthank Road

A full range of advice, information and treatment options are available.

Service information



- Advocacy
- Counselling
- Detoxification
- Drop-in
- Health assessment and care planning
- Links to specialist mental health services
- Pregnancy liaison
- Prescribing

Contact information



7 Unthank Road, Norwich, NR2 2PA



01603 671900



bure@nwmhp.nhs.uk



Mon - Thurs 9am - 5pm

Fri 9am - 4.30pm

Drop-in:

Mon - Fri 9am - 12noon, 1pm - 4pm

TADS Trust Alcohol & Drug Service - Victoria Street

This service provides a comprehensive alcohol service. It operates in North Norfolk, South Norfolk and Norwich areas.

Service information

SR



- Advice and information
- Aftercare programme and support
- Clinical assessment & care planning
- Detoxification
- Dual diagnosis service
- Home visits
- Links to specialist mental health services
- Post-detoxification support

Contact information



23 Victoria Street, Norwich, NR1 3QY



01603 660777



allan.cooper@nwmhp.nhs.uk



Mon - Fri 9am - 5pm

Appointments outside these times can be arranged.

WSDAS

West Suffolk Drug & Alcohol Service

This service aims directly to provide, or give access to, a range of service options for people who want to make a positive change in their substance misuse behaviour.

Service information



- Advice, information and advocacy
- Community care assessment & care planning
- Counselling
- Detoxification
- Liaison with, and referral to, other services
- Links to specialist mental health services
- Prescribing
- Rehabilitation (access to residential)
- Rehabilitation (community)

Contact information



Breckland House, St. Nicholas Street,
Thetford, IP24 1BT



01284 775275/01842 756462



wsdrugservice@smhp.nhs.uk



Mon - Fri 9am - 5pm
Drop-in: Mon 1pm - 3pm

2

Section Two

IMPACT

Norfolk Young People's Substance Misuse Treatment Service

A county-wide, Tier 3 multi-agency specialist treatment service for young people (19 and under) who need help and support with drug, alcohol and related problems.

Service information



- Advice, information and consultation
- Advocacy and liaison with other services
- Aftercare planning and support
- Assessment for residential rehabilitation
- Community prescribing/detoxification
- Counselling
- Health assessment
- Holistic assessments and care planning

Contact information



Richmond House, 244 Queen's Road,
Norwich, NR1 3HG



01603 877480



richmondhouse@norfolk.gov.uk



Mon - Thurs 8.45am - 5.15pm
Fri 8.45am - 4.30pm
Flexible appointments available.

MATTHEW PROJECT

Youth Team

A service for young people aged 12-25 years across Norfolk. Offers advice, information and support with any problems. The Matthew Project works to enable young people to make informed choices.

Service information



- Advocacy
- Counselling
- Drop-in service
- Housing support
- Liaison with, and referral to, other services
- Motivational interviewing/brief interventions
- Tiers 1 and 2 outreach and school drugs education

Contact information



24 Pottergate, Norwich, NR2 1DX



0800 764754 (24-hour helpline)



01603 626123 (admin)



matthewproject@btinternet.com



www.matthewproject.org

Mon - Fri 9am - 5pm

Drop-in: Mon, Tue, Thurs, Fri 10am - 4pm

Wed 2pm - 4pm. Appointments also available.

A Norfolk-wide, multi-agency service providing advice, support and guidance for vulnerable young people, their parents/carers and those who work with them.

Service information

SR



All drugs including alcohol

Advice and information

Counselling

Liaison with, and referral to, other services

Long and short-term support

Outreach service

Contact information



Richmond House, 244 Queen's Road, Norwich,
NR1 3HG



01603 877498



sam@matthewproject.org



Mon - Thur 8.45am - 5pm




Fri 8.45am - 4.30pm

Evening appointments may be available -
please phone for details.



Local Self-Help Organisations

Telephone numbers which begin with 0800 or 0808, are free of charge. You will pay local rates for numbers which begin with 0845.





Al-Anon Family Groups

-  020 7403 0888 (helpline)
-  Website: www.al-anonuk.org.uk
-  Support for family and friends of problem drinkers. Phone the helpline for details of local groups.

Al-Ateen

-  020 7403 0888 (helpline)
-  Aimed at young people aged 12 to 20 yrs who have been affected by someone else's drinking, usually that of a parent. Phone the helpline for details of local groups.

Alcoholics Anonymous

-  01603 621128 (local helpline)
-  0845 769 7555 (national helpline)
-  www.alcoholics-anonymous.org.uk
-  Confidential telephone helpline offering help and support to people who are trying to overcome their drinking problems.

3

Section Three

Local Self-Help Organisations

Families Anonymous

- ☎ 01603 617905
- @ nhcristianc@netscapeonline.co.uk
- Support groups for families and friends of those with a drug problem or related behavioural problems.

Last Orders

- ☎ 07900 386 804
- @ lastordersgroup@aol.com
- Formed as a dry self-help group for individuals (and their families) who are giving up alcohol.

Linking Together

- ☎ 01553 766682 (helpline)
- @ linkingtogether@tiscali.co.uk
- Supporting parents and carers of substance misusers. The confidential helpline provides information and someone to talk to for people throughout West Norfolk.

Narcotics Anonymous

- ☎ 07000 560545 (24hr local helpline)
- @ 0207 7300009 (national helpline)
- www www.ukna.org
- Self-help groups for people who are recovering addicts who meet to help each other stay clean.

Local Self-Help Organisations

Norwich Hepatitis C Support Group

- @ norwich-hepc@btinternet.com
- www www.norwich-hepc.org.uk
- Offers support to those who are affected by the Hepatitis C virus (HCV). Please use e-mail address to contact group.

Overcomers Dependency Support

- ☎ 01603 300327/617905
- A Christian support system (12 Step Programme) providing confidential help for individuals and families dealing with alcoholism and other addictions and compulsions.

Samaritans (24hr helpline)

- ☎ Great Yarmouth: 01493 842800
- ☎ King's Lynn: 01553 761616
- ☎ Norwich: 01603 611311
- @ jo@samaritans.org
- www www.samaritans.org.uk
- Confidential listening service for anyone who is going through an emotional crisis.

4

Section Four

National Organisations

ADFAM



020 7928 8898



admin@adfam.org.uk



www.adfam.org.uk



Provides information and support to families/friends of drug users.

Alcohol Concern



020 7922 8667 (information line)



contact@alcoholconcern.org.uk



www.alcoholconcern.org.uk



National agency working to reduce the level of alcohol misuse and develop services available to problem drinkers and their families.

Alliance (The): Advocacy for Drug Treatment



020 7837 4379 (helpline)





www.m-alliance.org.uk






A registered charity offering a telephone helpline and advocacy for drug treatment service users.

National Organisations





Drinkline

-  0800 917 8282 (helpline)
-  Information, advice and referral on alcohol misuse and sensible drinking.





Families Anonymous

-  0845 1200 660 (helpline)
-  office@famanon.org.uk
-  www.famanon.org.uk
-  Provides support to families and friends of drug users.

FRANK

-  0800 77 66 00 (helpline)
-  frank@talktofrank.com
-  www.talktofrank.com
-  Free, confidential drugs information and advice 24 hours a day.

Mainliners

-  020 7378 5480
-  admin@mainliners.org.uk
-  www.mainliners.org.uk
-  A registered national HIV and Hepatitis C charity working with ex and current drug users, commercial workers, people living with and at risk of Hepatitis C and other BBVs.

4

Section Four

National Organisations

National Association for the Children of Alcoholics



0800 358 3456 (helpline)



www.nacoa.org.uk



Information, advice and support to children of alcoholics and people concerned with their welfare.

NHS Direct



0845 46 47 (24hr helpline)



www.nhsdirect.nhs.uk



A confidential nurse advice and health information service.

NHS Smoking Helpline



0800 169 0 169



www.givingupsmoking.co.uk



Help and advice on smoking and giving up.

PADA - Parents Against Drug Abuse



08457 023 867 (helpline)



www.pada.org.uk



Delivers support and services to the families of substance users across the country.

National Organisations

Release



0845 4500 215 (legal/heroin helpline)



ask@release.org.uk



www.release.org.uk



Offers a range of specialist services to professionals and the public concerning drugs and the law.

Sexual Health Line



0800 567 123 (24 hour helpline)



www.playingsafely.co.uk



Advice about HIV, AIDS, sexual health, sexually transmitted infections, local services, clinics and support.

See Local Self-Help Organisations for other national helpline numbers.

5**Section Five****Norfolk Needle & Syringe Exchange Scheme Outlets****Attleborough**

- Lloyds Pharmacy, Unit 3, Church Street

Aylsham

- Lloyds Pharmacy, 6 Market Place

Dereham

- Lloyds Pharmacy, 2 Market Place

Diss

- Boots Chemist, 9 Market Place

Downham Market

- Boots Chemist, 11-13 Wales Court
- Willows Pharmacy, Paradise Road

Gorleston

- Boots Chemist, Coliseum Precinct, High St.
- Co-op Pharmacy, 8 Lowestoft Road
- Superdrug PLC (Pharmacy), 138 High Street

Great Yarmouth

- Co-op Pharmacy, 57-58 King Street
- NORCAS, 59 North Quay
- TADS, The Willow Centre, Northgate Hospital

Hemsby

- Natural Health Pharmacy, 3 Kingsway

Norfolk Needle & Syringe Exchange Scheme Outlets

Hunstanton

- F. Maltby Ltd (Pharmacy), 8 Valentine Rd

King's Lynn

- Boots Chemist, 94-96 High Street
- CADS, North House, Goodwins Road
- Clock Pharmacy, 1 Gayton Road
- Alliance Pharmacy, 38 Loke Road
- Alliance Pharmacy, 53 London Road

Mundesley

- Mundesley Pharmacy, 17 High Street

Long Stratton

- Reads Pharmacy Ltd, The Street

North Walsham

- Boots Chemist, 11 Market Place
- Alliance Pharmacy, 13 Market Place

Norwich

- Contact NR5, c/o Bates Green Health Centre, 8A Bates Green
- Co-op Pharmacy, 103 Magdalen Street
- Eaton Pharmacy, 1 St John's Close, Hall Road
- Hamblin's Ltd (Pharmacy), Noble Close, Heartsease
- Health First, 22 Earlham West Centre

5**Section Five****Norfolk Needle & Syringe Exchange Scheme Outlets****Norwich**

- Hurn (Chemists) Ltd, 143 Unthank Road
- Lloyds Pharmacy, 143 Colman Road
- Lloyds Pharmacy, 25a Earlham Road
- Lloyds Pharmacy, 22 West End Street
- Manor Pharmacy, 323 Aylsham Road
- Matrix Project (mobile vehicle)
- Matthew Project, 24 Pottergate
- Moss Pharmacy, 93 Aylsham Road
- Alliance Pharmacy, 90/92 Colman Road
- Alliance Pharmacy, Lawson Road Health Centre
- Alliance Pharmacy, Magdalen Medical Practice
- Alliance Pharmacy, Willow Wood Surgery, Asloke Close, Sprowston
- Natural Health Pharmacy, 117f Ipswich Road
- NORCAS Homeless Outreach Team, (outreach workers)
- Roys Pharmacy Ltd, Station Road, Hoveton
- Superdrug PLC (Pharmacy), 12 St Stephens Street
- T&C Hunt Ltd, 205 Plumstead Road
- TADS, Bure Centre, 7 Unthank Road
- TADS, Colegate, 22 Colegate
- Thorpe Pharmacy, 202 Thorpe Road

Norfolk Needle & Syringe Exchange Scheme Outlets

Reepham

- Motts Pharmacy, Market Place

Stalham

- Alliance Pharmacy, High Street

Swaffham

- Alliance Pharmacy, 38 Market Place

Taverham

- Lloyds Pharmacy, 262 Fakenham Road

Thetford

- Boots Chemist, 29 King Street
- WSDAS, Breckland House, St Nicholas Street
- Tesco Pharmacy, Norwich Road

Watton

- Alliance Pharmacy, 1 Chaston Place, High St

Wells

- David Jagger Ltd, 5 Staith Street

Wymondham

- Boots Chemist, 47 Market Place

If you would like this leaflet in large print, audio, Braille, alternative format or in a different language please contact The Health Information Team on 01603 307416 and they will do their best to help.



**TACKLING
DRUGS
CHANGING
LIVES**

This logo represents all the partner agencies of the DAAT: Norfolk County Council, Police, Health, Prison Service, Probation Service, Youth Offending Teams, Connexions, Local Authorities and Norfolk drug & alcohol treatment providers.

The information contained in this publication has been provided and checked by the services themselves; therefore, the Norfolk Drug & Alcohol Action Team is not responsible for factual inaccuracies.

Drinkline

Tel: 0800 917 8282

Information and advice for people concerned about
their own or others' alcohol problems

FRANK

Tel: 0800 77 66 00 (24hr helpline)

www.talktofrank.com

Free and confidential information and advice
about drugs

HERON

www.heron.nhs.uk

Norfolk's database of self-help support groups and
statutory and voluntary agencies

Matthew Project

Tel: 0800 764754 (24hr helpline)

www.matthewproject.org

Norfolk Drug & Alcohol Action Team Website

www.nordat.org.uk



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