

## New Staff at DAT

**Cathy Howlett – Joint Commissioning Officer.** Cathy has managerial responsibility for the development, monitoring and evaluation of DAT commissioned services. She assists Xany Oliver, the DAT Strategy Manager, with the preparation and submission of the DATs annual returns to central Government. She also acts as deputy manager in Xany's absence.

**Carol Bowen – Contracts Officer.** Carol is responsible for the development, monitoring and evaluation of DAT commissioned services, ensuring they are provided in accordance with agreed standards.

**Shirley Magilton - Models of Care Co-Ordinator**

Shirley's role involves the countywide implementation of the "Models of Care" initiative that will streamline adult drug and alcohol services and referral routes for clients.



Left to right: Shirley Magilton, Models of Care Development Officer, Cathy Howlett, Joint Commissioning Officer and Carol Bowen, Contracts Officer.

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**Visit by Baroness Massey - Chair of the National Treatment Agency - on 11th February. Baroness Massey will be meeting the DAT and looking at local Drug and Alcohol services.**

## Training News

In partnership with the Bure Centre, and with the kind help of the Norfolk and Norwich Hospital, the DAT organised a conference, entitled "**Drugs, Alcohol & Reproductive Health**" on 22nd October at the Norfolk and Norwich University Hospital. Keynote speakers:

**Dr Moira Plant** - University of the West of England, Bristol.

**Dr Mary Hepburn** - Honorary Consultant Obstetrician & Gynaecologist, Princess Royal Maternity Hospital, Glasgow.

**Dr Julian Eason** - Consultant Neonatologist / Honorary Senior Lecturer, Norfolk & Norwich University Hospital.

**Dr Martin Phillips** - Consultant in Gastroenterology, with an interest in Liver Disease, Norfolk and Norwich Hospital.

The one-day conference provided an excellent opportunity for delegates to share experiences and expertise while hearing from speakers who have an in-depth knowledge of the issues around drugs, alcohol and reproductive health. The Key themes for the day covered alcohol misuse and reproductive health; drug misuse and reproductive health and care of the neonatal.

Afternoon workshops included, mental health; working with sex industry workers; harm minimisation; drugs awareness; working with drug misusing parents; domestic violence and Subutex and pregnancy.

Information about the conference can be obtained from Mike Hutchinson, Training and Workforce Development Coordinator, at the DAT. Telephone 01603 677562.

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# DAT news

News from the Norfolk Drug and Alcohol Action Team Autumn 2003 Issue 2

## Introducing **impact**



### Meet the Team

Left top right Rick Andrews, Dawn Head, Emma Hawes, Carol Manning, Joanne Bottomley, Kim Nicholls, Michele Knights and Simon Kett. Not in the picture are Kirsty Daynes, Daniel Fisher and Jane Herbert.

**Impact** is the Norfolk Young People's Substance Misuse Treatment Service, a multi-agency and multi-disciplinary Tier 3 service, hosted by Norfolk Social Services and directly funded by the DAT.

**Impact** provides countywide specialist treatment services for young people under 20 who have complex drug and alcohol related needs and whose use and misuse of drugs, alcohol and solvents is having a significant impact on their health, welfare and development.

The team operates on a peripatetic basis so that they can give a flexible, comprehensive and responsive service around the county, ensuring equality of access to all young people.

**Impact** directly provides or gives access to a broad range of services. Manager of the team Rick Andrews said "We believe that location should not be a barrier to

young people having access to specialist services. Our emphasis is on engagement and providing holistic, age appropriate and multi-dimensional assessments and care plans. We recognise that young people's misuse of drugs, alcohol and solvents is only part of the problem. Overcoming these problems requires dedicated, intensive and multi-agency interventions.

The service has only recently become **Impact** and was formerly known as Richmond House. Their new leaflets are enclosed with this edition of DATnews giving details of all services offered by **Impact**.

For more information contact **Impact** at Richmond House, 224 Queen's Road, Norwich NR1 3HG.

Telephone: 01603 877480, Fax 01603 877488 or Email [richmondhouse@norfolk.gov.uk](mailto:richmondhouse@norfolk.gov.uk)

### Conference to launch of Young People's Services

Three important young people's initiatives, "**Young People Drugs and Alcohol – What should I do?**" - the new Tier 1 strategy document and the specialist, countywide services for young people, **T2** and **Impact**, will be launched by Norfolk DAT at a conference at Dunston Hall Hotel on 28th November. Tim Byles, Chief Executive of Norfolk County Council and Chairman of the DAT Chief Officers Group will chair the event. Invitations will be sent out and if anyone would like further information please contact Anne-Louise Schofield, Young People's Planning Officer at the Drug and Alcohol Action Team on 01603 677563.

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Tackling drugs



## Library and Information Services

All DAT partner organisations have access to a library and information service, through the DAT contract with Eastern Support Services. This service can help support your work and professional development in a number of ways.

The library is based at St. Andrew's House in Norwich and although you are welcome to visit in person, they are used to the majority of their clients accessing them from remote locations and so requests for services can be made by email, fax, or telephone.

### What's on offer?

- **Specific literature searches** - for articles, reports and guidelines. Tell them what you need to know and a search will be carried out for you.
- **Document Supply** - The Library service can obtain articles and books for you.
- **Workshop sessions** in a) **Critical Appraisal Skills** - how to evaluate the reliability and relevance of published research and b) **Searching Databases** - will show you how to use a core collection of relevant databases

and full text journals.

- **Access to training materials** - a core selection is currently available and there are plans to expand this.
- **A monthly current awareness service** - to highlight new sources of information or materials is also planned.

### How to use this service

Contact the ESS Library and request a registration form. Once this is completed and returned you can access services free of charge. You can contact any member of staff with your enquiry:

Joan Haigh  
joan.haigh@norfolk.nhs.uk  
01603 307258

Rob Kelly  
Robert.Kelly@norfolk-pct.nh.uk  
01603 307248

Library Fax  
01603 307123

Please contact Rosemary Stark, Library Manager, at  
rosemary.stark@norfolk.nhs.uk or  
telephone 01603 307332 with any queries or suggestions regarding the service.

## Victoria Street Alcohol Service

Victoria Street Alcohol Service is part of Norfolk's mental health services and provides a confidential alcohol treatment service, specialising in dual diagnosis and detoxification. The service operates in Norwich, South Norfolk and North Norfolk and takes referrals from any agency or from individuals who self refer.

They operate on two levels, a community service, which started up in July 1979 and the residential service, which opened in May the following year. The service sees a regular increase in new referrals year on year. In the financial year 2002/2003 they received 751 referrals, of which 78 were to the residential hostel.

The Victoria Street team, five nurses working in the primary care trusts, a support worker, a substance misuse liaison nurse working on a pilot project at the Norfolk and Norwich University Hospital, two admin staff and Mike Sowerby the manager, work closely with other agencies, in particular the Substance Misuse Social Services Team. From October a new consultant based at the Bure Centre will be the first clinical lead for alcohol services.

Mike Sowerby said: "We developed the first structured home detox service

in Norfolk and are again pioneering a new approach with a structured reduction detox procedure which allows better access and flexibility. This reduces reliance on in-patient detox beds and opens up the process to a much wider range of people. We are finding that the work we are doing in primary care is proving very beneficial, with health staff extending their knowledge of alcohol issues and thereby talking to patients at an earlier stage of their drinking when advice and education can have a bigger impact."

"Overall we have a lot to be proud of. A recent survey of our clients revealed how much they value our approach, in particular home visits in rural areas and the new liaison pilot at the hospital is proving a huge success. We see ourselves addressing needs, working in partnership and promoting a positive understanding of alcohol problems. Central to this is the clients own self esteem and the recognition of their ability to change as a basis for treatment."

### "IDS Visit"

Iain Duncan-Smith, leader of the Conservative Party is visiting Norwich on 6th November and will be looking at local alcohol services

## Partnership project in line for prestigious award

A service where health services and the criminal justice system work collaboratively is in line for a top national award, in the Chronic Disease Management category of the HSJ (Health Service Journal) Awards 2003.

Fully supported by the DAT, the Bure Centre at Colegate is an effective and successful service, providing drug-misusing clients in Norwich with enhanced services.

Clive Rennie, Leading Commissioning Officer for Substance Misuse Services on behalf of Norfolk's Primary Care Trusts entered the project for the award and it is one of a shortlist of three out of forty-four entries in the category.

The Bure Centre at Colegate provides:

- Holistic assessment of needs, including a care plan for drug treatment, psychiatric care, health promotion, social support and needle exchange.
- Integrated care pathways for opiate replacement prescribing through a specialist on-site pharmacy, providing seamless transition from dose filtration to

supervised consumption.

- Access to specialist mental health staff for clients with complex mental health needs.
- An integrated service for clients on Drug Treatment and Testing Orders and a modular rehab programme via an on-site partnership with Norfolk Probation Services and Norfolk Mental Health Care Trust.

Clive and Roz Brooks, the Bure Centre Manager, went up to London to face the judges, and made a 10-minute presentation about the project before facing 35 minutes of stringent questioning.

Clive said: "I think the judges found it hard to visualise the project at times, because of the partnership setting, something we have done a lot of in Norfolk but which isn't that common in other parts of the UK"

Clive and Roz and representatives from the partner agencies went to the award finals in London on 13th October. John Humphreys presented the prizes. The project was runner up in its category.

## T2

T<sup>2</sup>, as its name implies, is the Tier 2 service that works with identified, vulnerable young people aged 19 and under, and also with parents, carers and others such as education or health professionals.

T<sup>2</sup> is a partnership between the Matthew Project, the Mancroft Advice Project and Norfolk Youth and Community Service and shares an admin base at Richmond House with its sister organisation **Impact**.

T<sup>2</sup> outreach workers are strategically placed around the County and are attached to local young people's services and Connexions one stop shops, offering specialist advice, information and counselling on drugs and alcohol. They work closely with schools and liaise with and refer to other services including **Impact**.

Manager, Derek Hewis, has been

in post since December 2002. His philosophy for developing the service is clear: "By working closely together with key agencies we can ensure that young people, wherever they are, can receive good quality drug and alcohol advice and counselling, in a way which meets their individual needs."



A T<sup>2</sup> service leaflet is enclosed with this edition of DATnews. For more information contact T<sup>2</sup> at Richmond House, 244 Queens Road, Norwich, NR1 3NG.

Telephone 01603 877498

## West Norfolk News

The Kings Lynn Drug and Alcohol Reference Group (DARG), is already well established and with recent new membership the group has grown considerably. It is already looking at innovative projects and solutions centred around substance misuse e.g. sharps bins in certain hot spot areas, including one to be located on the site of CADS, a local treatment agency. Mark Adeney, manager of CADS, chairs the DARG. The next meeting will be held at the Professional Development

Centre in Kings Lynn on October 15th at 12.00.

Kings Lynn Crime and Disorder Reduction Partnership (CDRP) are holding a community safety week from Monday 27th October - Friday 31st October inclusive. Local agencies will participate in the week. Presentations and workshops will include Travellers in the community, The community safety dog and the Olive Tree Project.

For further information please contact Tricia Cook on 01553 692722.

## Models of Care

The National Treatment Agency published "Models of Care" in December 2002, as part of the government's ten-year drug strategy to increase the number of people in treatment by 100%, by 2008.

Involvement and ownership by all professionals who work with clients who have substance misuse issues is crucial for the success of the initiative. So far local response has been very positive and we hope that the implementation of "Models of Care" will be something that Norfolk can be proud of.

It sets out a national structure for adult drug treatment services, defining a systematic framework for an integrated drug treatment system, incorporating seamless

care pathways, over four treatment tiers. This makes treatment at any level easy to access, with efficient referral links to other agencies.

Most importantly the implementation of "Models of Care" will enable agencies to work together in an increasingly streamlined way and in Norfolk, we will be able to build on the excellent partnerships that are already in place.

Although the National Treatment Agency brief was only for drugs, here in Norfolk we are also including alcohol in this project, to make better use of our services.

Shirley Magilton, who joined the DAT at the beginning of August, will manage the "Models of Care" project. If you would like more information contact Shirley on 07901 772860.