

N-DAP news

Norfolk Drug & Alcohol Partnership



January 2009 Issue 18

Welcome to your winter edition of N-DAP news. This newsletter focuses on a range of important strategies ...



When we put together the N-DAP Outcomes Strategy back in 2007, we identified a whole range of other strategies that needed to be worked up. Nearly all of these are now in place, and the remaining few are on the drafting table. Last year also saw the completion of an unprecedented amount of needs assessment work – for adults, young people, around housing and more.

You can read about these new, all-important strategies in this edition of the newsletter. All we can do here is give you a flavour of what's in them. More details, and a lot more data on the needs assessment that led to them, are available in the revamped website. The new "www" is the culmination of a lot of hard work by the Research and Information and Administration teams at the DAAT. I am very grateful to them for all their efforts – the excellent results speak for themselves.

As the New Year starts, we enter a new era for N-DAP. These are uncertain times. More so, with the credit crunch and its potential impact on public spending in the future. But when the going gets tough, it's a comfort to have a clear set of maps to guide you into that future, however bumpy the ride. As a Partnership, I feel we've all done a good job in planning out our route. I hope you do too.

Tony Oram, DAAT Strategy Manager

this issue

- 1 Editorial
Website Revamp
- 2 Adult Joint Commissioning Strategy
- 3 Young People's Joint Commissioning Strategy
- 4 Harm Reduction Strategy
N-DAP Alcohol Harm Reduction Strategy
- 5 Training update
Comings and goings
Meeting Rooms
Equipment needs

Website Revamp

Tried out the Partnership website recently?

See for yourself the redesign at www.nordat.org.uk. We hope there is now a variety of really useful information for everyone - professionals, service users and members of the public.

Considerable effort has gone into making the site as simple to navigate as possible as you can see from the screen shot above. One thousand people visit the site each month, with some accessing it from as far away as Brazil!

Most visitors, however, are from the UK, so we are reaching our intended audience. Help us to keep the website bang up to date and full of useful information by telling us your news! Please contact James Fullam, Research and Information Officer or Veronica Nelhams, Administrator on **01603 677577**.



Online mental health training

Free, interactive, multi-media web-based learning tool is now available to support the training programme 'Everybody's Business'. Developed by Child and Adolescent Mental Health Service (CAMHS) trainers from around the country, it aims to ensure a standard approach to mental health training for workers in Tier1, or universal services. **Why not take a look!**

N-DAP's future written in new Commissioning Strategies

Both the Adult and Young People's Joint Commissioning strategies are two-part strategies, which explain how available funding will be used to plan, purchase and monitor substance misuse services in Norfolk for adults and young people.

Part 1 provides a clear explanation of the process of commissioning in N-DAP – the 'who, how, and why'.

What is commissioning?

Commissioning is:

"A formal statement of plans for securing, specifying and monitoring services to meet people's needs at a strategic level. It applies to services provided by the local authority, NHS, other public agencies and the private and voluntary sectors".

Source: Institute of Public Care, adapted from the Audit Commission

Part 2 describes N-DAP's 'commissioning intentions' for 2008-2012.

What are commissioning intentions?

Commissioning intentions explain how the available money will be spent. They set out what is going to be done, when, how and with how much money. A commissioning intention may be to continue the activity already happening, to change it, or to commission something new. The most important consideration in developing commissioning intentions are the needs of those people for whom the services are being planned and provided.

In developing these intentions, commissioners assessed local need, were informed by expert local knowledge, reviewed local and national priorities, mapped and reviewed service provision, identified current and future resources and analysed the gap between what is needed and what is available.

Both parts of the strategy underwent public consultation in 2008 and the N-DAP response can be found on www.nordat.org.uk.

The findings from the consultation were used to help both the Adult and Young People's Joint Commissioning Group to decide on the final commissioning intentions for the Partnership.

The N-DAP Chief Officers Group approved the Adult Joint Commissioning Strategy, and the Children and Young People's Partnership Trust Board approved the Young People's Joint Commissioning Strategy at their December meetings.

Here follows, the final intentions for the Adult and Young People's Joint Commissioning Strategies -

Adult Joint Commissioning Strategy



The final commissioning intentions for adults which will be implemented from 2009 onwards are -

Matrix Project: to part fund this project, subject to match-funding being made available by other agencies that benefit from the sex industry outreach work which this project undertakes.

Models of Care: to secure the range of services outlined in the National Treatment Agency's Models of Care for adults who misuse substances. Every effort will be made to keep them available county-wide, based on needs identified and depending on available resources.

Structured Day Programmes: to secure the on-going availability of Structured Day Programmes (SDPs) across Norfolk. In addition focusing on the role SDPs can play in supporting drug abstinence and improving education and employment opportunities for service users, subject to availability of resources and based on needs identified.

GP surgeries: to look for ways to increase the provision of drug treatment services in GP surgeries (called shared care arrangements).

Norfolk Drug Intervention Programme: to maintain the good work being done under the umbrella of the Norfolk Drug Intervention Programme, with on-going work to improve service quality for those engaging with the programme.

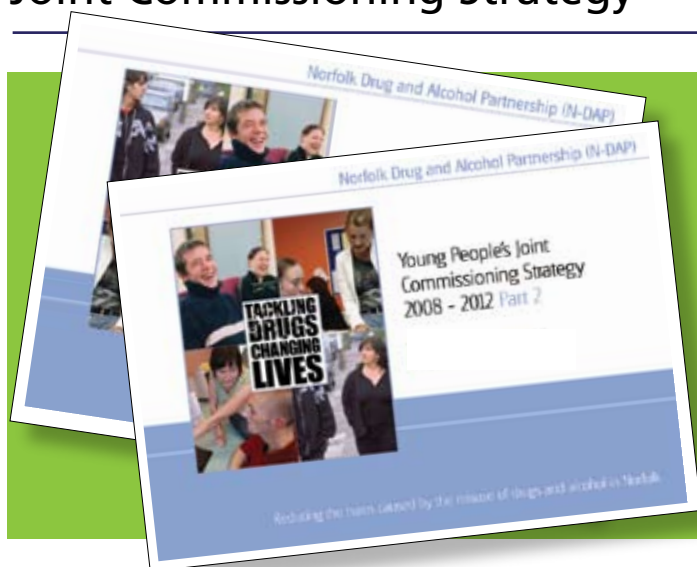
Meeting the Range of Needs: to strengthen links between treatment provider agencies and other service providers (like housing and employment) to ensure a more seamless, efficient and effective provision of services that meet the range of crucial needs of drug users in treatment.

Housing: to build on the work of the NORCAS Homeless Outreach Team and the N-DAP Housing Strategy Group. For example to tackle some of the barriers identified in the housing needs assessment work which drug users in treatment often face when getting stable and appropriate accommodation, vital to successful treatment outcomes.

Families and Parents who are Substance Misusers: to develop support for families to manage the impact of a parents' substance misuse; to meet the needs of substance misusers as parents and enable them to better support the young people in their families.

Tier 4: to focus energy on improving Tier 4 service provision (in-patient treatment and residential rehabilitation services) in light of the useful inspection carried out by the Healthcare Commission. **For further information, please contact Norfolk DAAT on 01603 677577.**

Young People's Joint Commissioning Strategy



The final commissioning intentions for Young People, which will be implemented in 2009 are -

1. Young People's Integrated Substance Misuse Service

This is an integrated service offering universal, targeted and specialist interventions to young people.

It will include -

- substance misuse education (formal and informal) and prevention in universal and targeted settings
- consultancy and support for universal services
- advice and information
- outreach
- group work
- community prescribing
- psychosocial interventions
- specialist harm reduction
- family intervention services.

The service will be comprised of geographically focussed teams.

The new service structure will facilitate:

- ▶ better continuity of care between universal, targeted and specialist provision
- ▶ a single point of contact for young people and professionals accessing substance misuse services
- ▶ family interventions
- ▶ better opportunities for integrated working
- ▶ more flexible and efficient use of staffing resources.

Tenders will be invited for this service in January 2009. Delivery will commence in October 2009.

2) Young People's Criminal Justice Service

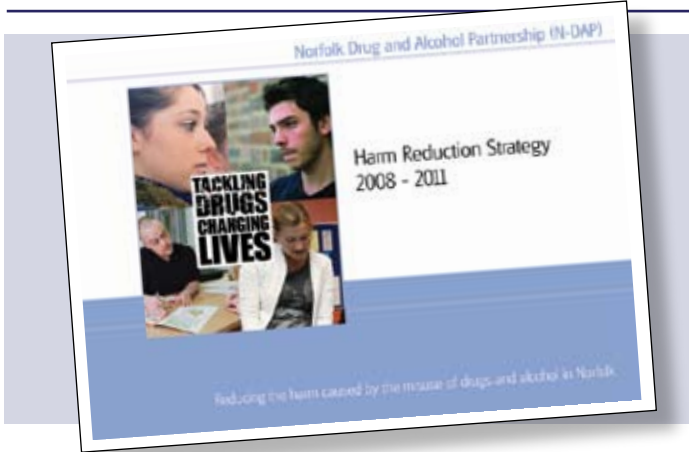
This is an integrated service for young offenders, which effectively targets those with serious need. Three Substance Misuse Workers operate at a targeted level providing prevention, informal education, advice and information to young offenders. These workers support individual Youth Offending Team (YOT) case managers in their work with young offenders through advice, information and consultation. An assessment and screening function for appropriate referral on to specialist services is provided for those young offenders who may require a higher level of intervention. One substance misuse worker based within the YOT team works at a specialist level managing the substance misuse aspects of a young person's care and treatment, and coordinating access to Young People's specialist substance misuse services and other specialist services as required.

This service is currently provided by Norfolk YOT. N-DAP will invite tenders for the service in January 2010, to ensure a highly effective service structure is continued, procurement requirements are met, and best value is achieved.

To read the full strategy, please go to www.nordat.org.uk.

For further information contact Katie Hammett, the Young People's Joint Commissioning Officer on 01603 677577.

Harm Reduction Strategy



What is its purpose?

The Harm Reduction Strategy is a new strategy that provides the framework in which N-DAP members will work together to reduce the varying harms arising from the misuse of substances. It is not an end in itself. The strategy will be flexible as it is implemented, and will change and respond to needs and priorities as they arise.

Harm reduction and commissioning

The N-DAP strategy makes it clear that harm reduction should underpin the commissioning of all services and should be integrated into what we specify that drug treatment agencies should be delivering – in other words it should be a whole system approach. As well as harm reduction, the N-DAP strategy recognises the need to support an abstinence approach when appropriate.

Public Consultation and way forward

The strategy underwent public consultation in 2008 and the N-DAP response to this feedback can be found on www.nordat.org.uk. Following this, the Adult Joint Commissioning Group recommended the strategy to the N-DAP Chief Officers Group in November 2008, and they approved it at their December meeting. A group drawn from N-DAP members will work together to implement the strategy.

What does the strategy contain?

- An explanation of what N-DAP wants to achieve
- Context behind the strategy – both for Norfolk and nationally
- A definition of harm reduction
- 7 strategic objectives and actions

What are the 7 strategic objectives?

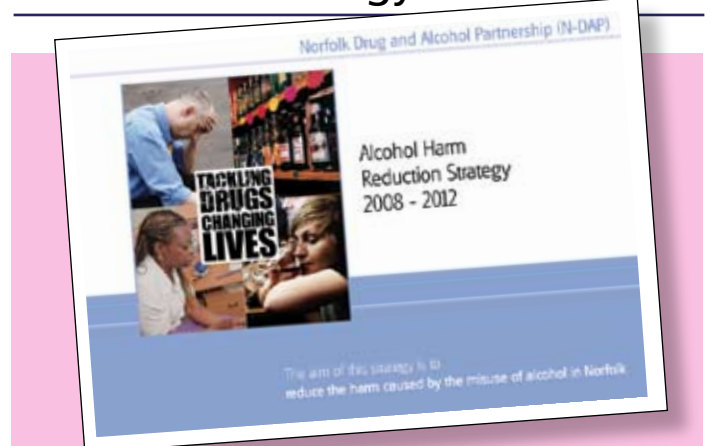
1. Provide and monitor a strategic framework to promote harm reduction
2. Promote harm reduction to substance users and their carers, families and friends
3. Workforce development
4. Continuous improvement of service provision for drug users

5. Reduce the transmission of Blood Borne Viruses (BBVs)
6. Reduce the incidences of overdose and drug related deaths
7. Harm reduction in custody/Integrated Drug Treatment System

For further information, contact Norfolk DAAT on 01603 677577.

Have you any news you would like to share with N-DAP partners?
Contact Hands on Projects on 01263 733217 or becki@handsonprojects.com

N-DAP Alcohol Harm Reduction Strategy 2008-12



Update

Consultation:

The consultation on the N-DAP Alcohol Harm Reduction Strategy (2008-12) ended on 24th October 2008 and generated a large response. The consultation was targeted at a number of key strategic partnerships, service users and the general public.

Implementation:

Key elements of the strategy will be delivered through a series of action plans – some new, others developed from existing action plans – and these will aid the co-ordination of current and future developments on reducing alcohol related harm. This work will be co-ordinated by the N-DAP, however, a multi-agency steering group with core membership plus specialist input will ensure its implementation.

The work will commence in early 2009.

National Developments:

The 2008-12 Strategy must keep pace with national developments, including documents such as the Youth Alcohol Action Plan (2008). Research reported since the Strategy was first developed includes the Department of Health's work on the profiles of hazardous drinkers. This has significant implications for the development of targeted interventions, including campaigns.



9 groups of drinkers

- ▶ **depressed** – alcohol used as a coping mechanism at a time of crisis
- ▶ **de-stress** – alcohol used to unwind during periods of high stress
- ▶ **re-bonding** – alcohol is a key part of a social life
- ▶ **conformist** – belief that regular alcohol use particularly drinking at pubs is what men do
- ▶ **community** – drinking in larger groups promotes social networking
- ▶ **boredom** – drinking provides company or a reward for people with restricted social networks
- ▶ **macho** – drinking becomes part of asserting a strong male identity
- ▶ **hedonistic** – drinking at higher levels asserts independence and disinhibits
- ▶ **border dependents** – where a pub becomes a second home

Alcohol - Work in Progress:

- Media campaign planned in January 2009 and April 2009 with NHS Norfolk, based on the publication of a Drink Diary
- Media campaign planned in December 2008 with NHS Norfolk, based on a series of alcohol harm reduction publications
- Distribution of 'Festive Fun?' safer drinking card in December 2008



- Roll out of Night Safe initiative across the county by the Norfolk Crime and Disorder Reduction Partnerships
- Development of peer-led research into alcohol harm reduction messages targeted at young people in Norfolk, through the Norwich Alcohol Board.

For further information contact Daniel Harry, DAAT Partnership Liaison Officer on 01603 677565.

Alcohol - Other News

Recent local funding developments

The capacity of N-DAP to commission alcohol specific interventions and programmes has been boosted by the release of funding in 2008 by NHS Norfolk and Great Yarmouth and Waveney PCT. This amounts to over half a million pounds of annual recurring funding from its mainstream budgets and the central government Choosing Health allocation. The focus of this expenditure is on reducing alcohol related hospital admissions.

The expenditure plan for 08/09, includes

- ▶ The implementation of a programme of Brief Interventions training for primary care practitioners
- ▶ A series of alcohol awareness campaigns
- ▶ A place of safety in the night time economy of King's Lynn
- ▶ On site triage of injured people in the night time economy of Norwich
- ▶ Research into the scale and extent of alcohol misuse by older people

Let us know what you think about this newsletter. How could it be improved?
Contact Hands on Projects on 01263 733217 or becki@handsonprojects.com

Training update

Certificate in Higher Education Substance Misuse:

This course began on the 30th September and 21 learners have enrolled, the highest number since the course began. The DAAT bursary scheme has helped to fund many of the places. This course plays a central part in achieving National Treatment Agency workforce development guidance targets as well as facilitating ongoing continuous personal and professional development across the substance misuse workforce.

Criminal Justice Training:

Following a meeting with the East of England Probation training consortium it is hoped that a number of new courses will be open to substance misuse workers in Norfolk.

Licensee and door steward training:

Working with the Police, the DAAT Partnership Liaison Officer and Training and Workforce Development Coordinator have run two training sessions on the law, alcohol and drug awareness for licensees, and door stewards in Kings Lynn. Both sessions were well received and built upon previous work undertaken in Norwich. These sessions have been supported by the local licensing forum and represent a key element of the ongoing professional development of licensees and door stewards, in line with the ethos of social responsibility.

RAF:

In conjunction with the Soldiers, Sailors, Airmen and Families Association services charity and RAF Marham, we have run a series of alcohol and drug awareness workshops for the RAF as part of their Leadership, Ethos and Air Power (LEAP) day. All sessions were well received and good links made.

Brief interventions alcohol funding:

NHS Norfolk has asked the DAAT to buy in alcohol recognition, brief interventions and train the trainer's courses. The closing date for tenders was 28th November. The training initiatives are aimed at reducing the number of alcohol related hospital admissions within the NHS Norfolk area.

Service User Engagement Training Group update:

The last few months have been very successful with members of the group completing a number of courses including, the Norcas run, Open College Network, Understanding Befriending Level 2 course, the Royal Institute of Public Health Level 2 'Understanding Health Improvement', the Adapt run (CPCAB) Certificate in Counselling Skills and the British Sign Language Level One course, run by Perceptions. Congratulations to all who took part.

Comings and goings



We are pleased to announce that Anne-Louise Schofield has been appointed as the new Adult Joint Commissioning Officer at the DAAT. This follows the departure of Catherine McWalter who is now Quality Assurance Manager in Adult Social Services.

New to N-DAP is Hands on Projects, which will provide ongoing communications support to the Partnership via the Information Group. If you would like to discuss any of your resource and information requirements, please contact Becki Ballard on 01263 733217. This service replaces the Health Information Team.

Hands On Projects



Richard Price is the new chair of the N-DAP Information Group and can be contacted via the DAAT on 01603 677577.

Steph Ross-Wagenknecht is the INTRAN Champion supporting the Drug and Alcohol Agencies, and can be contacted at the DAAT on 01603 677561.



Do you need...

a meeting room?

The meeting room at Phoenix House is available to hire for up to 20 people, with access to presentation equipment, including the Smartboard (which comes with instructions for use). There is a small hire charge plus the costs of any refreshments.

equipment?

There is a range of equipment available on loan (free of charge) to N-DAP members. This includes a media projector suitable for a small hall and a mobile hearing loop.

Please contact the Administration team on 01603 677577 for further details and bookings.