

# TACKLING DRUGS CHANGING LIVES

## BLOOD BORNE VIRUS TRAINING – Half Day Course

### **Date and Venue:-**

11<sup>th</sup> January 2010 – Marriott Centre, Hellesdon Hospital

### **Course Content**

The course will cover details of:-

- Review of HIV and Hepatitis (A,B,C,D) including latest research
- Transmission routes
- Strategies and interventions that help prevent the spread of blood borne viruses
- Dealing with blood spills and safe handling of needles
- Appropriate advice and information
- Support available for people with Hep and HIV

### **Learning Outcomes**

By the end of the session the participants will:-

- Have developed a basic understanding of HIV and the various strains of Hepatitis
- Be able to describe transmission routes and high risk activities
- Be able to list strategies and interventions to help prevent the spread of BBV's
- Be able to summarise good practice guidelines re blood spills and the safe handling of needles
- Be able to offer advice and information to those infected including details of specific services

### **Training Style**

The course is a mixture of lecture format, some small group tasks and a video. We will aim to keep things flexible in order to respond to the specific needs of the trainees.

### **DANOS Units Covered and Supported**

AB2.1 Enable individuals to adopt safe practices associated with substance misuse

### **Other Information**

This is a big subject and there is a limit to what may be achieved in a ½ day session. The course is intended as an introduction and/or update. A learning and information pack accompanies the course to aid further exploration of the issues.

This training is funded by the DAAT and will be facilitated by Simone Black.