

ALCOHOL – BRIEF INTERVENTIONS TRAINING

NHS Norfolk and NHS Great Yarmouth & Waveney have identified funds for 2009-10 with which to continue the series of initiatives aimed at reducing the number of alcohol related hospital admissions in Norfolk.

The Brief Interventions training day is one element of a project, which comprises three main parts:

- An introductory web based learning course.
- A 'Brief Interventions' training day, or
- A half-day intensive course for GP's which has been added following feedback from the pilot project.
- Lastly a 'Train the Trainers' course to prepare identified individuals to become a facilitator of further training in their practice area (please note a separate application will need to be made for this element)

The Brief interventions training day, and GP half day are run as practice-focused workshops and aim to give participants the confidence, knowledge and skills in order to effectively screen for alcohol misuse and provide brief interventions. It is aimed at practitioners working in a primary care setting who may come into contact with individuals who have, or are at risk of, developing alcohol related problems. The course will focus on identification, initiating discussions, using screening tools, giving information and support, in order to help individuals cut down on their alcohol consumption and so reduce the harm or risk to their health caused by excessive drinking.

This course will be facilitated by the UEA School of Nursing and Midwifery and is informed by the National Occupational Standard, AH10 Employ techniques to help individuals to adopt sensible drinking behaviour.

Target audience: Primary care practitioners and linked agencies in the geographical area covered by NHS Norfolk. We would like to actively encourage GPs to attend to ensure you are supported and confident in applying the new DES for Alcohol launched in 2008.

A number of countywide Brief Interventions training days are being provided however in the event of demand exceeding places, priority will be given to primary care employees. A list of dates and venues is attached.

For an application form for this free training please contact Roni Nelhams Norfolk Drug and Alcohol Action Team, veronica.nelhams@norfolk.gov.uk; or download from our website [http://www.nordat.org.uk/pubs/training/applicationformbrief interventios2.doc](http://www.nordat.org.uk/pubs/training/applicationformbrief%20interventions2.doc)

Norwich = Marriott Centre, Hellesdon Hospital
 Acle = Amber Lodge Hotel
 Thetford – Keystone Centre
 Cromer – Merchants Place
 King's Lynn = West Norfolk Professional Development Centre
 Swaffham = Ecotech Centre

	Brief Interventions Full day 09.00-16.30	Brief Interventions GPs Half days	Train the Trainer Full day 09.00-16.30
5 th June	Norwich		
22 th June	Acle		
15 th July	Norwich		
24 th August	Norwich		
27 th August		Norwich	
22 nd September	Norwich		
23 rd September		Acle 9.30 to 12.30	
19 th October	Thetford		
28 th October	Norwich		
12 th November		Norwich 9.30 to 12.30	
17 th November	Acle		
30 th November			Norwich
10 th Dec	Norwich		
19 th Jan	Acle		
26 Jan		Cromer 1.00 p.m. to 4.00 p.m.	
2 nd February 2010			Norwich
15 th Feb	King's Lynn		
11 th March	Swaffham		
16 th March		Norwich 9.30 to 12.30	
31 st March (provisional)	Subject to demand		Norwich