

# TACKLING DRUGS CHANGING LIVES

## Ketamine Workshop –Full Day Course

### Date and Venue:-

1<sup>st</sup> December 2009 – Marriott Centre, Hellesdon Hospital

### Course Content

The course will cover details of:-

- Medical & Recreational History
- Different forms of Ketamine
- Routes of Using
- Combinations (including alcohol)
- How Ketamine works
- Health/Psychiatric Information
- Harm Reduction
- KPT research and therapy
- Treatment

### Learning Outcomes

By the end of the session the participants will:-

- Have developed an increased knowledge and awareness of the issues in relation to Ketamine
- Be able to describe how Ketamine is used and the effects upon an individual's physiology and neurology.
- Be able to explain the possible affects on health
- Be able to respond with increased confidence with this client group

### Training Style

The course is a mixture of lecture format, some small group tasks and a video. We will aim to keep things flexible in order to respond to the specific needs of the trainees.

### DANOS Units Covered and Supported

AA1	Recognise indications of substance misuse and refer individuals to specialists
HSC233	Relate to, and interact with, individuals
HSC3111	Promote the equality, diversity, rights and responsibilities of individuals
AB2	Support individuals who are substance users
HSC33	Develop your own knowledge and practice
AD1	Raise awareness about substances; their use and effects

This training is funded by the DAAT and will be facilitated by Tony D'Agostino. **Any resources provided are copyright to Tony D'Agostino.**

