

## **YOUNG PEOPLE, DRUGS AND ALCOHOL, WHAT SHOULD I DO? Part 1 and Part 2**

### Responding to young people's substance related needs

This course is suitable for non substance misuse specialist front line delivery staff who work with children and young people and aims to give those who attend the information and skills they need in order to:

- identify children and young people who may be using drugs and/or alcohol
- identify their drug and/or alcohol related needs
- provide basic information on the use of drugs or alcohol
- refer on appropriately for further advice, support, counselling or treatment, should this be required.

The course has been especially designed in-line with the Norfolk Drug and Alcohol Partnership's (N-DAP) Young People's Tier 1 Strategy Document and the SID (Support and Information on Drugs) Tool and workers' Kit Bag. For more information on these please visit [www.nordat.org.uk](http://www.nordat.org.uk)

In order to derive the maximum benefit and achieve the full breadth of learning, the Drug and Alcohol Action Team (DAAT) encourage sign up and attendance on both parts of this free two-day course. There is a gap between the two days, to allow participants to reflect on their learning.

### Part one – *day 1*

**Aim:** To help participants to view drug issues in a helpful context, and thereby increase confidence in responding to young people's drug and/or alcohol use and misuse with insight and understanding.

### **Learning outcomes:**

#### **By the end of the day participants will be able to:**

- recall basic definitions of commonly used terms
- distinguish between drug & alcohol facts and myths
- name types of drugs and list drug effects
- differentiate between different patterns of drug & alcohol use
- list specific issues around young people and alcohol/drug use
- summarise basic theories of addictions
- explain how substances are classified
- recall current drug and alcohol legislation
- place drug use in context.

## Part two – *day 2*

**Aim:** To develop participants knowledge and skills in identifying young people's substance misuse related needs via screening and/or Common Assessment Framework (CAF) assessment and in accessing appropriate substance misuse services.

### **Learning outcomes:**

#### **By the end of the session participants will be able to:**

- Recall groups of young people who are identified as vulnerable to substance misuse.
- Name risk and protective factors associated with substance misuse by young people and explain the concept of resilience.
- List the circumstances in which it would be appropriate to use Sid to screen for a young person's substance misuse related needs.
- State the circumstances in which it would be appropriate to use Sid to identify a young person's substance misuse related needs via the Common Assessment Framework (CAF) assessment.
- Demonstrate the engagement skills necessary to identify a young person's substance misuse related needs.
- Record information around substance misuse related needs on a Common Assessment Form (CAF) assessment form.
- Identify the appropriate steps to take in a variety of screening and CAF assessment scenarios.
- Identify appropriate young people's drug and alcohol information.
- Access appropriate substance misuse services.
- Describe the appropriate action to take where a young person may be suffering, or may be at risk of suffering, significant harm.

**Dates for these courses are shown in our training calendar on the Nordat website – please follow the link <http://www.nordat.org.uk/training/index.htm>**

To book a place: please fill out the application form and return it c/o Roni Nelhams Norfolk DAAT, Phoenix House, White Lodge Business Estate, Hall Rd, Norwich NR4 6DG; or fax on 1603 677566 or e-mail: [veronica.nelhams@norfolk.gov.uk](mailto:veronica.nelhams@norfolk.gov.uk)

Please note: this course is currently free of charge. Please see our Terms and Conditions of Training on the website as cancellation costs maybe incurred.

**INFORMATION ON OTHER TRAINING COURSES RUN BY NORFOLK DAAT IS AVAILABLE ON OUR WEBSITE: [www.nordat.org.uk](http://www.nordat.org.uk)**

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